

RECONNECT WITH, RELATE TO, AND REALIZE INDEPENDENCE FOR YOUR YOUNG ADULT OR TEEN.

INTENTIONAL COUNSELING SERVICES AND **PAUL KRAUSS CONSULTING**, EMPOWERS YOU AND YOUR YOUNG ADULT OR TEEN WITH REALISTIC SOLUTIONS, TOOLS AND RESOURCES TO THRIVE IN A DIFFICULT WORLD, BRINGING THEM BACK TO WHOLENESS.

The developmental changes between ages 16 and 29 can be a trying time for many families. Many parents find it difficult to help and connect with their child and young adults begin to mistrust their parents and feel misunderstood. Often, this gap in the relationship can lead to the young adult or teen withdrawing and isolating from their parent(s) and sometimes begin to seek unhealthy friends or habits. *Sound familiar?*

The good news is, **Intentional Counseling Services** has designed resources specifically for you and your young adult to break through these barriers and behaviors and lead you to solutions. It's a virtual world - we consult with families all over the United States, provide information and resources and work to ensure that the best treatment options are offered for unique situations and locations.



"MY PARENTS HAVE NO IDEA WHAT I'M GOING THROUGH...WE TALK, BUT WE DON'T COMMUNICATE. THEY SAY I HAVE UNHEALTHY BEHAVIORS BUT I CAN'T QUIT THEM WITHOUT HELP."



"I CAN'T SLEEP AT NIGHT FROM WORRY ABOUT MY CHILD. I AM WORRIED THAT IF I STOP SUPPORTING THEM, THEY WILL FAIL...OR EVEN DIE."

WHO WILL BENEFIT FROM CONSULTATIONS & COUNSELING?

- 16-29 year old young adults, teens and their parents.
- Young adults and teens coping with drugs and alcohol addictions, eating disorders or any unhealthy patterns or activities that are hindering progress into a healthy adulthood.

NAVIGATE YOUR ADOLESCENT TO ADULTHOOD. LET'S GET STARTED!

HOW DO I SCHEDULE AN APPOINTMENT WITH PAUL KRAUSS?

Email at Paul.Krauss.Consulting@gmail.com or leave a confidential voicemail at 480-428-2549. To learn about scheduling and fees, check out: www.paulkrausscounseling.com



www.PaulKraussCounseling.com

LET'S FOCUS ON THE SOLUTION

GET BACK ON TRACK WITH FAMILY & YOUNG ADULT RESOURCES

YOUR CUSTOM CONSULTING PACKAGE INCLUDES:

- 1.25 hour initial consultation via videoconference or phone (\$150 value)
- Customized and detailed report of the consultation, including, recommendations for services in your area and possible solutions for your unique circumstances (\$150 value)
- Free admission to Paul's next workshop - ***From Sofa to Success: 10 tips for helping your young adult get healthy and live their life*** (\$150 value)
- List of additional resources for parents (\$25 value)
- List of additional resources for young adults and teens (\$25 value)

\$375 (\$500 value) FOR THE INITIAL CONSULTING PACKAGE

This small investment with big results will empower your young adult and teen to make the progress you both desire.

CONTINUE ON THE PATHWAY TO WHOLENESS FOR YOU & YOUR YOUNG ADULT OR TEEN

- Follow up Consulting Sessions are available both in-person and remotely. Details available here: <https://squareup.com/market/Intentional>
- Live in the Phoenix area? Paul Krauss provides in-person counseling services in the Phoenix area. Paul Krauss is a Licensed Professional Counselor in the state of Arizona and has been working with young adults and their families since 2007.
- Not sure which service is right for you and your family? Paul offers a free 15-minute phone consultations to better assess your situation. More details can be found here: <http://paulkrausscounseling.com/getting-started/>

WHY CHOOSE TO CONSULT WITH PAUL KRAUSS MA, LPC?

Paul Krauss, Your Licensed Professional Counselor Specializing in Young Adults has nearly a decade of counseling experience working with young adults, teens and parents. Paul is highly relatable with young adults and equally understands the challenges of parenting. Paul has a strong background in various forms and intensities of treatment and will work to ensure that the correct types of treatment or placement are identified for your young adult or teen.

Paul has NO financial investment or personal interest in any of the counselors or treatment centers that he may recommend to you. This consulting service is provided with an agreement that you will seek the appropriate level of care from licensed professionals in your state or the treatment centers that are recommended and appropriate for your situation.



www.PaulKraussCounseling.com

*These consulting services are not a substitute for professional treatment of any mental health condition. This collaboration is meant to help you work to on your family relationships, find appropriate in-person treatment, and make changes to yourself and family dynamics that benefit you and your family. This consulting service is considered part education, part coaching, and part consulting. This is not a substitute for professional treatment. Part of this service includes Paul working to help you get connected with professional services in your area.

*If you choose to participate in counseling services, in person—different rules and disclaimers apply.